

## Alizonne Therapy Case Study:

**Heather lost 4st in just 18 weeks and dramatically re-contoured her body shape - without surgery!**

**BEFORE**



**AFTER 18 WEEKS**



	<b>Before</b>	<b>Now</b>
<b>Dress size</b>	Size 16	Size 10
<b>Weight</b>	14st 2lbs (90.4kg)	10st 4lbs (65.6kg)
<b>Body Mass Index BMI</b>	33.6 Classified as Obese	24.4 Classified as Normal
<b>Body Fat %</b>	41%	28%

Dr Xavier of Xavier G. Medi-Spa (Southampton) explains;

*"Heather lost almost 4 stones in weight on our Alizonne Therapy in just 18 weeks. Alizonne is an effective alternative to weight loss surgery. It's a real medical alternative and therefore doesn't carry the possible risks that surgery brings. Alizonne is a balanced and sensible approach to weight loss that enables you to eat 5 times a day so you don't feel hungry and it helps to curb food cravings.*

*The added benefit of Alizonne is that as you lose the weight, the treatment helps to contour the shape of your body so there is less likelihood of you needing surgery to remove excess skin."*

**For more information please contact Xavier G. Medi-Spa on 023 80 637 638 or visit [www.xavier-g.com](http://www.xavier-g.com) - or - [www.alizonne.co.uk](http://www.alizonne.co.uk)**